

ACE STUDY

ASTHMA HALF DAY CLINIC FLOW

- **Registration**

- Check patient in at front desk and collect co-pay if applicable

- **Nurse**

- Bring patient back to exam room
- On “ambulatory intake form” enter chief complaint as “asthma shared decision making visit”
- Update pharmacy information
- Obtain vital signs and document them
 - Weight
 - Height
 - Blood pressure
 - Heart rate
 - Respiratory rate
 - Temperature
 - Pulse ox (if short of breath or having difficulty breathing)
- Update tobacco use and exposed under “social habits”
- Measure peak flow
 - Chart best of 3
 - Instruct patient how to test at home
 - Give patient peak flow meter
- Perform spirometry
 - Test 3 times, more if necessary
 - Print results for Health Coach and Provider to review

- **Health Coach**

- Describe shared decision making approach
- Complete Patient Information Sheet
- Determine current understanding of asthma
- Review what asthma is and how it is treated
- Confirm comprehension of information
- Identify treatment goals
- Review spirometry results
- Determine current asthma severity level
- Work with patient to define medication preferences
- Discuss regimen options
- Negotiate a decision about treatment
- Complete “Documentation Template” for Provider

- **Provider**

- Perform physical examination
- Teach back to confirm patient understands new treatment plan
- Update asthma health maintenance in EMR
- Write prescriptions
- Review proper inhaler technique
- Complete and give asthma action plan
- Give asthma diary
- Type up and give discharge instructions

- **Check Out**

- Set up follow-up appointment in 1 month